

The School District of Palm Beach County, Florida
Wellness Promotion Task Force
Survey Summary FY 2012-2013

1. How satisfied are you with the efforts of the Wellness Promotion Task Force?

- **89%** were **Very Satisfied**
- **7.5%** were **Somewhat Satisfied**
- **3.5%** were **Neutral**
- **0%** were **Very Dissatisfied**

2. Why did you attend the Wellness Promotion Task Force meeting?

- **3%** attended for the purpose of **Networking**
- **3.5%** attended because of **Interest in Event Topics**
- **16.5%** attended to **Support the Wellness Initiatives**
- **77%** attended for **All the above reasons**

3. Was this meeting meaningful and valuable to you?

- **96.5%** stated **Yes**
- **3.5%** stated **No**

4. Do you have any additional questions or comments for the speakers?

Comments from October 17, 2012 meeting are as follows:

- AWESOME MEETING!
- I really enjoyed all the speakers. (Will write down questions at the meetings in the future to post here) 2- Would like to see the apples be organic. There is a big difference in taste, nutritional profile and overall health value. 3- A suggestion to eventually have ALL the food served be organic. Chemicals do not belong in the food and we need to increase the awareness of this issue. In addition there is the issue of GMO's
- All the speakers were great.
- Wonderful speakers.
- Overall, the meeting had great energy and was very informative.
- The former third grade teacher who used sign language and did the activities was great.
- It has been a pleasure to attend the meetings since the very first one back in 2008!
- All were very enjoyable and informative. Thank you!
- Speakers were very informative, showing up at the Wellness Promotion Task Force meetings are informative and I can go back to my school to give out information or contact information from the meetings.
- One of the best meetings!! Upbeat and fun and left me wanting more! Keep up the great work.
- How will you further foster collaborated action with various stakeholders?
- What would you like to change the most about the service and/or work you provide to the community?
- How do you plan to fund additional school cafeteria transformations and by what criteria are you identifying those schools?
- How would you like the Wellness Promotion Task Force to further evolve?

Comments from February 6, 2013 meeting are as follows:

- I feel the administration of our school district needs to emphatically impress upon their principals the importance of their school's involvement in this program. (I am having difficulty in my principal embracing and allowing implementation of the Wellness efforts and programs).
- LOVED hearing about Mental Health.
- Although these meetings happen several times per year and many people attend, I don't feel that you are reaching the community at large. I have never heard of the taskforce work on the news or read an article about it in the newspaper. Only directors of local organizations know about it. The community doesn't know about what you are doing.
- I enjoyed the presentation by the Gionfriddos very much.
- Enjoyed the presentation about mental health - very informative!
- The speakers were very knowledgeable and I appreciated the "Case Study" presentation. Mental Health and children's safety should continue be KEY topics of conversation for the District's Leadership and Administrators.
- Keep it brief.
- No comments for the speakers. Something to consider though the meetings seem to have changed focus from brainstorming/creating/supporting wellness programs to more about departments recapping their efforts. Only about 35 minutes was dedicated to a wellness topic. From a community partners perspective more time could be allocated to speakers and open discussion.
- Excellent, as always. Very informative and thought-provoking. Thank you!
- I thought they were great.
- Paul and Pam Gionfriddo make a great team - they gave an excellent presentation on a very difficult topic.
- The speakers were very informative
- No, the speakers were fine, though they seemed a little dis-jointed. Tough topic, so that is to be understood.
- I am pleased that our school district acknowledges our responsibility to improve health and wellness.
- I like going to the Wellness Task Force meetings, very informative, and I do bring back info back to my school and any contacts that the Palm Beach County School Nutrition Association could use for general and area meetings. I am looking forward to the next Wellness Promotion Task Force meeting.
- Very good presentation on mental health

Comments from April 3, 2013 meeting are as follows:

- This program is very important to me. I am able to bring the community back to my school with me. It is really nice to be able to set down with my principal and let him know what is going on around us. He gets very excited about the programs for the students such as the safe school ambassadors. Thank you so much for keeping me informed.
- The entire program was most beneficial and in particular the "Core Support for Students" and "Single School Culture: Climate Initiatives" and video. Congratulations! Your hard work has paid off immeasurably by enacting Wellness Promotion Policy (2.035). Through your efforts to harness resources, while exceeding standards, a model program has been developed for others

to follow. Steve & Paula have made such a difference in our community through their leadership and commitment this program.

- Loved Kim Sandmaier's and Donna Winter's video clip - it was truly joyous to see the results of your hard work and dedication. All speakers were excellent. They are truly here for our future - the children of today. 211 is such a valuable resource in our community and Patrice Schroeder represents 211 well.
- Kim Mazauskas, Rick Lewis, Michael Kane, June Eassa, Nancy Reese and your entire team - thanks for all that you do for our children - as Eric said you are our unsung heroes behind the scenes working tirelessly for our children. Your efforts are appreciated!
- I think that social and mental health problems also need to have the opportunity to be referred to pediatricians and psychologists outside the district. Families get very concerned that the records at school may not remain private, especially in the sensitive areas of family issues. Unless the child needs to take psychiatric medications at school, the district should not interfere or have access to the medical record unless the parent agrees and asks for such help. Again there are serious privacy issues.
- How can we get more school counselors following the national standards so that many more of our students can get the social/emotional and behavioral support they desperately need to succeed in school and beyond? It was great to hear about the current supports available for all students throughout the county!
- Loved hearing Kim Mazauskas and Rick Lewis speak!
- I really liked the icebreaker! Everyone was smiling. What a great start:) Thank you
- The presenters did a great job with their subjects. Additionally, I enjoy the meetings because of the "can do" attitude of those participating.
- I got a much better understanding of Guidance activities, specifically the School-wide Positive Behavior Support System and the Safe Schools Ambassadors program.
- Why do you use paper handouts in addition to emailing them after the meeting? In the future would you consider just emailing the handouts prior to the meeting so that we can print if we choose, or just view them electronically and save some natural resources (and money!)?
- Very Organized and great speakers.
- Question for Rick/Kim: Are student Safe School Ambassadors chosen or do they volunteer?
- Enjoyed all the presentations.

Comments from May 16, 2013 meeting are as follows:

- Would appreciate more network time and fewer presentations. It is too long and might need to be another meeting in between.
- Great presentations, especially the two graduating high school students.
- As always, I found the meeting to be informative and inspiring. It is apparent how much hard work goes into creating these meetings. After Dr. Samore's closing remarks, I will never look at a box of Dunkin Donuts the same way.
- So proud of those young girls. To be able to rise above the circumstances and then again to talk about it shows their courage! My lasting impression was that the meeting was centered too much about life and death. Balance it out with more humor and joy.
- This meeting was very impactful.
- These meetings are valuable and so well put together. KUDOS to Paula Triana and Steve Bonino!
- Come up with creative ideas to get the audience more involved. Can one of the five meetings take place on a school campus so we can see some of the materials in the wellness policy being implemented?
- Really enjoyed Dr. Samore and his personal perspectives.
- Speakers were awesome.

- Thank you for participating and sharing the many services available to our residents. I was not aware of several programs offered. I was thrilled to learn about the programs available to students who are assisting/caregivers for their parents.
- No, everything was very well addressed! :)
- This was an exceptional & inspiring meeting. Thank-you to everyone for sharing their very personal experiences.
- Always valuable information to pass on to others. Creative ideas

5. What topics would you like to have addressed in future meetings?

Comments from October 17, 2012 meeting are as follows:

- Diabetes, Obesity, Sustainability, Collaborations and Strategic Planning
- You guys do such a great job - you cover so many important issues. I guess I would suggest, 1- Realizing that all food is not equal. (Dovetailing off the above comments) 2- The HUGE benefits of meditation for students and teachers.
- Teenage pregnancy
- Different types of programs to introduce to students K-5
- Excellent meeting! My first time -- it was worth it. Thank you!
- I look forward to hearing more about how to handle stress while balancing life/work, children, etc.
- More School District Programs versus Community
- I most enjoyed the updates from the District departments - they helped me learn what programs are going on throughout the county.
- Educating the Whole Child Beyond Academics
- Keep up the GREAT work...I love attending these well organize meetings!

Comments from February 6, 2013 meeting are as follows:

- Teenage pregnancy, cyber-bullying
- Help increasing Faculty and staff participation.
- Just would like to say Thank you for all the hard work and dedication to everyone involved.
- How can oral health be integrated into our school system?
- Staff and Student Mental Health. What programs have been approved to address mental and emotional health of students in PBC schools? What mental health curriculum is being considered for teacher/staff training?
- Children drowning in South Florida. We have all this water around and too many children do not know how to swim. We need to promote drowning prevention and swim lessons.
- Childhood obesity
- Bringing exercise and healthy eating to the classroom
- School counseling requirements at the school levels.
- I would like to hear more about the fitness activities that are facilitated/taught in the schools so the children are hearing the importance on remaining active since it appears that our children are really into electronics lately.
- Healing foods

Comments from April 4, 2012 meeting are as follows:

- I think the team might benefit by looking at the constructs of Positive Organizational Psychology (Seligman) and see how it relates to employee wellness, productivity, happiness etc.

- The Whole Child
- Would love to see research based speakers. Possibly from our universities? To understand what is happening in Wellness throughout the country.
- Perhaps in the fall, the School Police Dept. in terms of providing guidance and hope to students as needed. How they impact the lives of students from a physical, social and psychological (emotional) perspective through mentoring and guidance. I have seen how they positively influence students/provided safe havens for those in need. Perhaps describe how they have assisted in culture change as they support faculty and students alike to improve health and wellbeing.
- More internal presentations from Kim Sandmaier, Eric Stern, Kim C. Williams, Natalia Arenas, you guys are doing a fabulous job and we're just hearing about it - we need some visuals.
- Information originating from superintendent urging principals' participation in before school and afterschool physical fun activities, involvement in district sponsored activities(i.e., Jump for Heart, gardening for all grades, Health Education, Healthier food choices in cafeterias, etc.)
- Foster Care presentation by the new agency Child Net.
- Everything seems so gloomy. We need some kind of excitement. I know we have to be professional but what if you had a meeting that started with something else besides a guest speaker? I will ponder this and email you some ideas:) Too bad you can't get Dr. Oz to come.
- Is there some way to gauge if the efforts being made with the children at school are having any effect with the adults at home in how and what they are doing as families to improve their nutritional health at home?
- HIV/AIDS, STDs, and teen pregnancy prevention activities.
- I would like to learn more about the PE grant?
- Maybe discussions on what other school districts are doing in their Wellness meetings.

Comments from May 16, 2013 meeting are as follows:

- Creative ideas for implementation of wellness and grants for community schools.
- Student hunger issues - after school, holidays and during the summer.
- Vending machines in schools.
- Topics similar to this meeting would be nice. It is always inspirational to have an emotional connection with the speakers.
- Health topics and health insurance coverage specifics
- Health fair participants. I am trying to set up a health fair for our school/community.
- 1) Would like to learn more about "Farm to School" and nutrition in general. How to make school meals nutritious & appealing/ popular. 2) Physical education programs including awareness initiatives. How do we improve student involvement/ participation?
- Mental health
- More district wide health related contests such as Wonderfit
- More involvement from the school children.
- Ideas of how to get nutrition education more imbedded in the daily curriculum!